

CANDI CHA

Choreographed by: Gary Lafferty (UK) March 2007

Choreographed to: 'Young Hearts Run Free' by Candi Staton (114 bpm) from The Best of Candi Staton (or various Candi Staton and compilation albums, eg Soul Sensations or Soul Classics) (16 count intro)

Choreographer's Note: Alternative floor splits - 'Islands in the Stream' or 'Be Strong'

4 Wall - 32 Counts – Improver

Section 1 Kick Ball Change, Step, Touch/Clap, Back Shuffle, Back Rock

1 & 2 Kick right forward. Step right beside left. Step onto left slightly forward.

3 - 4 Step right forward. Touch left beside right and clap hands.

5 & 6 Step left back. Close right beside left. Step left back.

7 - 8 Rock right back. Recover onto left.

Section 2 Skate x 2, Diagonal Shuffle Forward, Cross Rock, Left Side Shuffle

1 - 2 Skate right forward. Skate left forward.

3 Step right diagonally forward right.

& 4 Close left beside right. Step right diagonally forward right.

5 - 6 Cross rock left over right. Recover onto right.

7 & 8 Step left to left side. Close right beside left. Step left to left side.

Section 3 Cross Rock, 1/4 Turn Shuffle Right, Forward Rock, Coaster Step

1 - 2 Cross rock right over left. Recover onto left.

3 & 4 Shuffle 1/4 turn right, stepping - right, left, right.

5 - 6 Rock left forward. Recover onto right.

7 & 8 Step left back. Step right beside left. Step left forward.

Section 4 Step, Touch/Click, Step, Touch/Click, Full Turn Walk Around

1 - 2 Step right to right side. Touch left diagonally forward left.

Option:- Click fingers when touching forward.

3 - 4 Step down on left. Touch right foot diagonally forward right.

Option:- Click fingers when touching forward.

5 - 8 Walk full turn right, stepping right, left, right, left.

Styling:- Imagine the walk is 'around your handbag'!