

# COASTIN

Choreographed by Ray & Tina Yeoman

Description: 40 count, 4 wall, intermediate line dance

Music: Lord Of The Dance by Ronan Hardiman

## WALK RIGHT, LEFT, KICK RIGHT, COASTER, KBC

- 1-2 Step right foot forward, step left foot forward
- 3-4 Kick right foot forward, step right foot back in place
- 5&6 Step left back, step right beside left, step left forward
- 7&8 Kick right forward, step right beside left, step left in place
- 9-16 Repeat 1-8

## IRISH HEEL / TOE TOUCHES (X2, RIGHT THEN LEFT)

Place hands on hips during next 16 counts (as per chorus line in "Lord of the Dance")

- 17&18 Touch right heel slightly forward, step right beside left, touch left toe beside right
- 19&20 Touch left heel slightly forward, step left beside right, touch right toe beside left
- 21-24 Repeat 17-20

## RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)

- 25-26 Touch right heel forward, touch right heel to right side
- 27&28 Shuffle on spot (right, left, right)
- 29-30 Touch left heel forward, touch left heel to left side
- 31&32 Shuffle on spot (left, right, left)

## RIGHT STEP TO RIGHT, SLIDE, ¼ TURNING SHUFFLE, STEP, PIVOT, SHUFFLE

(Remove hands from hips now)

- 33-34 Step right to right, slide left up beside right with clap
- 35&36 Shuffle to right with ¼ turn right (right, left, right)
- 37-38 Step forward left, pivot turn right
- 39-40 Shuffle forward (left, right, left)

## REPEAT

The biggest problem with this dance is fitting the music!

The recommended track increases tempo, somewhat erratically.

Start the dance at time: 1:06:50