

EAST TO WEST

96 count, 2 wall, beginner/intermediate level
Choreographer: **Larry Hayden** (UK) March 2006
Choreographed to: Coast To Coast by Modern
Talking America, The 10th Album (130 bpm)

Side together, Chasse ¼ turn, Pivot turn, Shuffle forward

1,2 Step right to the right, step left next to right
3&4 Chasse to right with ¼ turn right (on count 4)
5,6 Step forward on left, pivot turn right
7&8 Shuffle forward on left, right, left

Rock & Cross x2 (travel slightly forward), Cross back back (3 counts of a jazz box), Cross

1&2 Rock right to right side, recover onto left, cross right over in front of left
3&4 Rock left to left side, recover onto right, cross left over in front of right
5,6 Step right over left, step back on left
7,8 Step right to right side, cross left over right

Back back, Coaster, Rock Shuffle turn

1,2 Step back on right, step left to left side
3&4 Right coaster step
5,6 Rock forward on left, recover on right
7&8 Shuffle turn left stepping left right left

Rock ¼ turn, Cross shuffle, 2 step Turn, Cross shuffle

1,2 On ball of left turn ¼ left and rock right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5,6 Turn ¼ right stepping back on left, turn ¼ right stepping right to right side
7&8 Cross left over right, step right to right side, cross left over right

Monterey turn x 2

1,2 Point right to right side, turn right stepping right next to left
3,4 Point left to left, step left next to right
5,6 Point right to right side, turn right stepping right next to left
7,8 Point left to left, step left next to right

Kick ball step, step touch behind x 2 R then L

1&2 Kick right forward, step down on ball of right foot, step forward on left
3,4 Step forward on right and touch left behind
5&6 Kick left forward, step down on ball of left, step forward on right
7,8 Step forward on left and touch right behind

Rock recover, 2 x shuffles, rock recover

1,2 Rock forward on right, recover
3&4 Turning a half turn over right shoulder shuffle forward right, left, right
5&6 Turning a half turn over right shoulder shuffle back left, right, left
or just 2 shuffles back right then left
7,8 Rock back on right, recover

Cross side, Sailor Dig, step x 2 Right then left

1,2 Cross right over left, step left to left side
3&4& Cross right behind left, step left to left side, dig right heel forward, step down on right
5,6 Cross left over right, step right to right side
7&8& Cross left behind right, step right to right side, dig left heel forward, step down on left

EAST TO WEST (CONTINUED)

Cross rock recover, Chasse, Cross rock recover, Sailor turn

1,2 Cross rock right over left, recover

3&4 Chasse right

5,6 Cross rock left, recover

7&8 Left sailor step turning turn left

Cross rock recover, Chasse, Cross rock recover, Sailor turn

1,2 Cross rock right over left, recover

3&4 Chasse right

5,6 Cross rock left, recover

7&8 Left sailor step turning turn left

Chasse, Rock back recover, Kick ball cross x 2

1&2 Chasse right

3,4 Rock back on left, recover

5&6 Left kick ball cross

7&8 Left kick ball cross

Chasse, Rock back recover, Kick ball cross x 2

1&2 Chasse left

3,4 Rock back on right, recover

5&6 Right kick ball cross

7&8 Right kick ball cross