

LA TENGA

Choreographed by **Kate Sala** (UK)

Description: 60 Count, 4 Wall, Intermediate Line Dance.

Choreographed to: 'QUE LA DETENGAN' on PLAYA TOTAL 7 album.

Or by David Civera on 'En Cuerpo Y Alma Enhanced' (import) album.

Rock Step, Coaster Step, Pivot 1/2 Turn, Shuffle.

- 1-2 Rock forward on right. Rock back on left.
- 3&4 Step back on right. Step left next to right. Step forward on right.
- 5-6 Step forward on left. Pivot 1/2 turn right.
- 7&8 Step forward on left. Step right next to left. Step forward on left.

Rock Step, Coaster Step, Pivot 1/2 Turn, Shuffle.

- 1-8 Repeat the above 8 counts

Touch Ball Step, Side Together, Chasse 1/4 Turn, Pivot 3/4 Turn.

- 1&2 Touch right toe next to left instep. Step back on ball of right. Step forward on left.
- 3-4 Step right to right side. Step left next to right
- 5 & 6 Step right to right side. Step left next to right. Step right to right side with 1/4 turn right
- 7-8 Step forward on left. Pivot 3/4 turn right.

Side Together, Chasse, Touch Ball Step, Pivot 1/2 Turn

- 1-2 Step left to left side. Step right next to left.
- 3&4 Step left to left side. Step right next to left. Step left to left side.
- 5&6 Touch right toe next to left instep. Step back on ball of right. Step forward on left.
- 7-8 Step forward on right. Pivot 1/2 turn left.

Step, Side Touch, Step, Kick Ball Step, Step, Touch Behind, Shuffle Back.

- 1-2 Step forward on right. Touch left toe out to left side.
- 3 Step forward on left.
- 4&5 Kick right out to right side. Step ball of right behind left. Step forward on left.
- 6-7 Step forward on right. Touch left toe behind right.
- 8&1 Step back on left. Step right next to left. Step back on left.

Rock Back, Side Rock & Cross, Turn 1/2 Right, Cross Rock.

- 2-3 Rock back on right. Rock forward on left.
- 4&5 Rock right out to right side. Step left in place. Cross step right over left.
- 6-7 Turn 1/4 right stepping back on left. Turn 1/4 right stepping right to right side.
- 8-1 Cross rock left over right. Rock right in place

Chasse 1/4 Turn, Full Turn Left, Pivot 1/4 Turn Left, Heel Grind 1/4 Turn Right.

- 2&3 Step left to left side. Step right next to left. Step left to left side with 1/4 turn left.
- 4-5 Turn 1/2 left stepping back on right. Turn 1/2 left stepping forward on left.
- 6-7 Step forward on right. Pivot 1/4 turn left.
- 8-1 Dig right heel next to left and grind heel turning 1/4 right. (now facing 9oclock).

Coaster Step, Step Forward.

- 2&3 Step back on right. Step left next to right. Step forward on right.
 - 4 Step forward on left
- Start Again Enjoy!