

# LISTEN GOOD

64 count 4 wall, Intermediate Linedance. Choreography:- Dave Munro (UK) Sept 2008. Contact tel. 0115 8599951 email oipssst@ntlworld.com

Choreographed to:- Listen to Your Senses (160bpm), Alan Jackson, album:- Good Time.

Intro:-32 Counts.

## **R Cross Toe strut, L Side Toe strut, R Behind/Together/Heel/Together.**

1-4 Step Right toes across Left, Drop Right heel, Step Left toes to left, Drop Left heel.

5-8 Step Right behind Left, Step Left beside Right, Touch Right heel fwd, Step Right beside Left. (12:00)

## **L Cross Heel strut, R Side Heel strut, L Behind/Together/Heel/Together (Quarter turn).**

1-4 Step Left heel across Right, Drop Left toes, Step Right heel to right, Drop Right toes.

5-8 Step Left behind Right, Quarter turn left stepping Right beside Left, Touch Left heel fwd, Step Left beside Right. (9:00)

## **Forward Toe struts R&L, R Cross, L Flick, L Step back, R Flick Kick.**

1-4 Step Right toes fwd, Drop Right heel, Step Left toes fwd, Drop Left heel.

5-8 Step Right across Left, Flick Left behind Right, Step Left back, Kick Right forward. (9:00)

## **R Back/Lock/Back (hold), L Coaster step (hold).**

1-4 Step Right back, Lock Left back across Right, Step Right back, Hold.

5-8 Step Left back, Step Right beside Left, Step Left forward, Hold. (9:00)

## **R Mambo half turn (hold), L Step half pivot (hold).**

1-4 Rock forward on Right, Recover back on Left, Half turn right step forward Right, Hold.

5-8 Step forward Left, Pivot half turn right (weight on Right), Step Left forward, Hold. (9:00)

## **R Mambo, L Sweep, L Weave (hold).**

1-4 Rock forward on Right, Recover back on Left, Step Right back, Sweep Left from front to back.

5-8 Step Left behind Right, Step Right to right, Step Left across Right, Hold. (9:00)

## **R Heel Dig (hold), R Weave (hold), L Point (hold).**

1-2 Touch Right heel to fwd/right diagonal (Body angled to same diagonal), Hold.

3-6 (Square up to 9:00) Step Right behind Left, Step Left to left, Step Right across Left, Hold.

7-8 Point Left toes to Left, Hold. (9:00)

## **L Coaster step (hold), R Mambo, L Together.**

1-4 Step Left back, Step Right beside Left, Step Left forward, Hold.

5-8 Rock forward on Right, Recover back on Left, Step Right back, Left beside Right. (9:00)

Repeat from Beginning.

Step

Optional Ending:- Dance up to count 4 of Section 6 during wall 7

(make quarter turn left whilst sweeping Left to face 12:00), continue dancing through to Count 1-2 of Section 7 (R heel dig, Hold), end of dance.