

SOLUNA

Choreographer: **Robbie McGowan Hickie** (UK) Mar 2005

64 count, 4 wall, intermediate level

Choreographed to: Monday Mi Amor by Soluna, CD: For All Times (135bpm);

True Blue by Madonna (118 bpm) Intro/Count In:64

Chasse Left. Back Rock. 1/4 Turn Left. 1/2 Turn Left. Step. Pivot 1/4 Turn Left.

- 1&2 Step Left to Left side. Close Right beside left. Step Left to Left side.
3-4 Rock back on Right. Rock forward on Left.
5-6 Turn 1/4 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left.
7-8 Step forward on Right. Pivot 1/4 turn Left. (Facing 12 o'clock)
Easier option: Counts 5 – 8 ... 5. Step Right to Right side. 6. Cross Left behind Right.
7-8 Rock Right to Right side. Recover weight on Left.

Cross Rock. Chasse Right. Cross. Side. Left Sailor 1/4 Turn Left.

- 1-2 Cross rock Right over Left. Rock back on Left.
3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.
5-6 Cross step Left over Right. Step Right to Right side.
7&8 Sweep/Cross Left behind Right turning 1/4 turn Left. Step Right beside Left. Step Left slightly Left.

Cross. Point. Cross. Kick. Cross. Back. Right Triple 1/2 Turn Right.

- 1-2 Step Right forward across Left. Point Left toe out to Left side. (Facing 9 o'clock)
3-4 Step Left forward across Right. Kick Right diagonally forward Right.
5-6 Cross step Right over Left. Step back on Left.
7&8 Right triple step in place turning 1/2 turn Right stepping Right, Left, Right. (Facing 3 o'clock)

Diagonal Rock Steps (With Hip Pushes). Step. Pivot 1/2 Turn Right. Left Shuffle Forward.

- 1 – 2 Rock Left diagonally forward Left pushing hips forward.
Rock back on Right pushing hips back Right.
3 – 4 Rock Left diagonally back Left pushing hips back.
Rock forward on Right pushing hips forward Right.
5 – 6 Step forward on Left. Pivot 1/2 turn Right.
7&8 Left shuffle forward stepping Left, Right, Left. (Facing 9 o'clock)

Full Turn Left (Travelling Forward). Forward Rock. Right Coaster Cross. Side Rock 1/4 Turn Right

- 1-2 Turn 1/2 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left.
3-4 Rock forward on Right. Rock back on Left.
5&6 Step back on Right. Step Left beside Right. Cross step Right over Left.
7 – 8 Rock Left out to Left side. Recover weight on Right turning 1/4 turn Right. (Facing 12 o'clock)

Diagonal Shuffle Forward. Side Rock. Right Cross Shuffle. Side. Hold & Clap.

- 1&2 Left shuffle diagonally forward Right stepping Left, Right, Left.
3-4 Rock Right out to Right side. Recover weight on Left. (Straighten up to 12 o'clock)
5&6 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
7-8 Step Left to Left side. Hold and Clap.

& 1/4 Turn Left. Hold & Clap. Step. Pivot 1/2 Turn Left. Right Kick-Ball-Cross. Side Rock.

- &1-2 Step Right beside Left. Turn 1/4 turn Left stepping forward on Left. Hold and Clap.
3 – 4 Step forward on Right. Pivot 1/2 turn Left. (Facing 3 o'clock)
5&6 Kick Right forward. Step ball of Right beside Left. Cross step Left over Right.
7 – 8 Rock Right out to Right side. Recover weight on Left.

Behind. 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Chasse Right. Back Rock.

- 1 – 2 Cross Right behind Left. Turn 1/4 turn Left stepping forward on Left.
3 – 4 Step forward on Right. Pivot 3/4 turn Left.
5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.
7 – 8 Rock back on Left. Rock forward on Right. (Facing 3 o'clock)