

STRIKE 1

Choreographer: Rob Fowler [June 2006]

Music: Swing by Trace Adkins, CD Dangerous Man [release on 14/08/06]

Description: 60 counts, 4 Walls, Intermediate

Start: 32 counts in as he starts to sing

Heel Jacks x 2, Cross Shuffle, Slide Left.

1+2+ Cross right over left, step left to left side, touch right heel diagonally forward, step right next to left

3+4+ Repeat 1+2+ on opposite foot

5+6 Cross right over left, step left to left side, cross right over left

7-8 Step left a long step to left, hold

Right Sailor, Left Sailor, Brush out, out, Step behind $\frac{3}{4}$ Turn Right.

1+2 Step right behind left, step left next to right, step right to right side

3+4 Step left behind right, step right next to left, step left to left side,

5+6 Brush right next to left, step right to right side, step left to left side

7-8 Cross right behind left, unwind turn right [weight on right] [9 o'clock]

Step Swivel, Coaster, Step Swivel, Jump Back, Out, Out, Clap

1+2 Touch left forward, swivel left heel out then in

3+4 Step back onto left, right next to left, step left forward

5+6 Touch right forward swivel right heel out then in

+7,8 Jumping back right then left, clap

Right Cross Rock, Left Cross Rock, Right Mambo $\frac{1}{2}$ Turn, Left Mambo $\frac{1}{2}$ Turn Right

1+2 Rock right over left, recover, step right to right

3+4 Rock left over right, recover, step left to left side

5+6 Rock forward right, recover, make $\frac{3}{4}$ turn right on right

7+8 Step forward left, make $\frac{3}{4}$ turn right, step forward left [9 o'clock]

Jump Forward And Back and Forward, Mash Potato Steps Back

+1+2 Jump forward right, left, Jump back right and left

+3+4 Jump forward right, left, right left

5+ Step right diagonally behind left [3rd pos] Step left slightly to left, swivel both heels so they are out

6+ Step left diagonally behind right, step right slightly to left, swivel heels

7 Step right diagonally behind left [3rd position]

+8 Lift left heel and right toe twist body to right [swivot], Step both feet in place

Option – walk back R-L-R-L

Right Hitch, Heel and Step $\frac{1}{2}$ Pivot Turn, $\frac{1}{2}$ Turn Left, Touch Right x2, Cross and Heel

1+2 Hitch right knee, step right next to left, touch left heel forward

+3,4 Step left next to right, step forward right, make $\frac{3}{4}$ turn left

5,6 On ball of left foot make $\frac{3}{4}$ turn touching right to side twice [9 o'clock]

7+8 Cross right over left, step left to left side, touch right heel diagonally forward

Left Cross, Hold, Side Behind Cross, Rock Recover Full Turn Left, Slide, Hold, Step, Cross, Heel

+1,2 Step right next to left, cross left over right, hold

3+4 Step right to right side, step left behind right, step right to right side

5-8 Rock left over right, recover, make $\frac{1}{4}$ turn left onto left, step forward right make turn left [9]

9-12 Slide left to left side, hold, Step right next to left, cross left over right, touch right heel diag forward

Tag: At end of 3rd wall – Tap right heel for 4 counts