

WALKING BACKWARDS

32 count, 4 wall, beginner/intermediate level

Choreographer: Robbie McGowan Hickie (UK) March 2006

Choreographed to: Walking Backwards by Brandon Sandefur, CD Walking Backwards (104 bpm)

Intro: 8 Count from Heavy Beat

Walk Back Right. Walk Back Left. Right Lock Step Back. Back Rock. Left Shuffle Forward.

1 – 2 Walk back on Right. Walk back on Left.

3&4 Step back on Right. Lock Left across Right. Step back on Right.

5 – 6 Rock back on Left. Rock forward on Right.

7&8 Left shuffle forward stepping Left. Right. Left.

Cross Rock & Side. Cross. Side. Left Sailor 1/4 Turn Left. Right Shuffle Forward.

1&2 Cross rock Right over Left. Rock back on Left. Step Right to Right side.

3 – 4 Cross step Left over Right. Step Right to Right side.

5&6 Cross step Left behind Right turning 1/4 turn Left. Step Right in place. slightly forward

Step Left

7&8 Right shuffle forward stepping Right. Left. Right. (Facing 9 o'clock)

Forward Rock. Left Triple Step Full Turn Left. Forward Rock.

Right Shuffle 1/2 Turn Right.

1 – 2 Rock forward on Left. Rock back on Right.

3&4 Left Triple step in place turning Full turn Left stepping Left. Right. Left.

5 – 6 Rock forward on Right. Rock back on Left. *** (See Ending Below)

7&8 Right shuffle back turning 1/2 turn Right stepping Right. Left. Right. (Facing 3 o'clock)
Easier option: Counts 3&4 above ... Left triple step in place stepping Left. Right. Left.

Forward Rock. Left Coaster Cross. Monterey 1/2 Turn Right.

1 – 2 Rock forward on Left. Rock back on Right.

3&4 Step back on Left. Step Right beside Left. Cross step Left over Right.

5 – 6 Touch Right toe out to Right side. Turn 1/2 turn Right stepping Right beside Left.

7 – 8 Touch Left toe out to Left side. Step Left beside Right. (Facing 9 o'clock)

Ending: When dancing to the music "Walking Backwards" ...

Music Ends during Wall 9, after Count 22 (Facing 9 o'clock) ...

To end Facing Front Wall ... turn 1/4 turn Right stepping Right to Right side and hold!!!!!!