

# INTO THE ARENA

*CHOREOGRAPHED BY MICHAEL VERA-LOBOS (AUS)*

**Description: 64 COUNT, 2 WALL, INTERMEDIATE LINE DANCE**

**Music: NOW I CAN DANCE (SINGLE EDIT) BY TINA ARENA  
LOVE WORKING ON YOU BY JOHN MICHAEL MONTGOMERY,  
RHYTHM IS GONNA GET YOU BY GLORIA ESTEFAN**

**TRAVEL FORWARD--- DIAGONAL STEP - ROCK, CROSS SHUFFLE X3**

1-2 3&4 Travel forward-Step forward on right 45 degrees right, Rock weight onto left, Cross shuffle right over left

1-2 3&4 Travel forward-Step forward on left 45 degrees left, Rock weight onto right, Cross shuffle left over right

1-2 3&4 Travel forward-Step forward on right 45 degrees right, Rock weight onto left, Cross shuffle right over left

**STEP FORWARD LEFT, BRUSH RIGHT BEHIND, TRIPLE STEP ON SPOT 1/2 TURN LEFT**

1-2 3&4 Step forward on Left, Brush Right behind Left knee, Triple step 1/2 turn left stepping right-left-right

**TAP LEFT TOE FORWARD - SIDE - BACK, BACK BALL CHANGE LEFT**

1-2 3&4 Touch Left toe forward, Touch left toe to left side, Touch left toe back, Ball change-step back on Left pushing forward to step onto Right

**FULL TURN FORWARD STEPPING LEFT-RIGHT, SHUFFLE LEFT, FULL TURN FORWARD STEPPING**

**RIGHT- LEFT, SHUFFLE RIGHT**

1-2 3&4 Travelling forward turn full turn Left stepping left then right, Shuffle forward left (left-right-left)

1-2 3&4 Travelling forward turn full turn Right stepping right then left, Shuffle forward right (right-left-right)

**ROCK STEP, TRIPLE STEP TURNING 3/4 TURN OVER LEFT**

1-2 3&4 Rock forward on Left, Rock back on Right, Turn 3/4 left with a triple step left-right-left

**TRAVELING RIGHT--- SYNCOPATED VINE RIGHT**

1-2&3-4 Step right to right, Cross left behind right, Step right to right, Cross left over right, Step right to right side

**HINGE 1/2 TURN OVER LEFT ONTO LEFT, CROSS RIGHT BEHIND, SIDE LEFT CROSS RIGHT, ROCK**

**BACK ON LEFT**

1-2&3-4 Hinge 1/2 turn left on ball of right stepping left to left side, Cross right behind left, Step left to left crossing right over left angling the body 45 degrees left, Rock weight back onto left

**TRAVELING RIGHT-STEP RIGHT- HOLD, STEP LEFT TOGETHER SIDE RIGHT, ROCK WEIGHT TO LEFT**

**WITH HIP**

1-2&3-4 Step Right to right side, Hold, Bring left together stepping right to right, Rock weight side left with hip

1-2&3-4 Step Right to right side, Hold, Bring left together stepping right to right, Rock weight side left with hip

**RIGHT SAILOR, 1/4 TURN LEFT ROCKING BACK ON LEFT, ROCK FORWARD ONTO RIGHT**

1&2 3-4 Cross right behind left, Step left to left, Step right to centre, Turning 1/4 turn left rock back onto left, Rock forward right

**KICK LEFT FORWARD-SIDE, BALL CHANGE, FORWARD LEFT, KICK RIGHT FORWARD-SIDE, BALL CHANGE, FORWARD RIGHT**

1-2&3-4 Kick left forward, Kick left to left side, Ball change stepping back left forward right, Step forward on left

1-2&3-4 Kick right forward, Kick right to right side, Ball change stepping back right forward left, Step forward on right

**ROCK FORWARD ON LEFT, ROCK BACK ON RIGHT, TRIPLE STEP 1/2 TURN OVER LEFT**

1-2 3&4 Rock forward on left, Rock back onto right, Triple step turning 1/2 turn left stepping left-right-left