

The Hams' Jam

(a.k.a. Stand By Your Hams!)

Choreographed by Peter Metelnick

Description: 64 count, 1 wall, line dance

Music: Stand By Your Man by The Dixie Chicks [ 99 bpm Cha / CD: Tribute To Tradition ]

Mr. Line Dancer by Johnny Earle [ CD: Burning The Floor ]

Walkin' After Midnight by Fairground Attraction [ CD: The Very Best Of ]

I'll Take Texas by Vince Gill [ 115 bpm Twostep / CD: Toe The Line 4 / CD: The Key ]

The Hustle by Scooter Lee [ 112 bpm Hustle / CD: By Request ]

Christmastime In Tinseltown Again by Big Bad Voodoo Daddy [ CD: What'Chu Want For Christmas ]

RIGHT TO RIGHT SIDE, LEFT CROSS-SIDE TOUCHES, LEFT CROSS OVER STEP, RIGHT TO RIGHT SIDE, LEFT CROSS-SIDE-CROSS TOUCHES

1-3 Step right foot to right side, touch left toes in front of right foot, touch left toes to the left side

4 Cross step left foot over right

5-7 Step right foot to right side, touch left toes in front of right foot, touch left toes to the left side

8 Touch left toes in front of right foot

LEFT SIDE SHUFFLE, ROCK BACK & RECOVER, RIGHT SIDE SHUFFLE, ROCK BACK & RECOVER

1&2 Step left foot to left side, step right foot together, step left foot to left side

3-4 Step right foot back and rock back, recover weight on left foot

5&6 Step right foot to right side, step left foot together, step right foot to right side

7-8 Step left foot back and rock back, recover weight on right foot

LEFT TO LEFT SIDE, RIGHT CROSS-SIDE TOUCHES, RIGHT CROSS OVER STEP, LEFT TO LEFT SIDE, RIGHT CROSS-SIDE-CROSS TOUCHES

1-3 Step left foot to left side, touch right toes in front of left foot, touch right toes to the right side

4 Cross step right foot over left

5-7 Step left foot to left side, touch right toes in front of left foot, touch right toes to the right side

8 Touch right toes in front of left foot

RIGHT SIDE SHUFFLE, ROCK BACK & RECOVER, LEFT SIDE SHUFFLE, ROCK BACK & RECOVER

1&2 Step right foot to right side, step left foot together, step right foot to right side

3-4 Step left foot back and rock back, recover weight on right foot

5&6 Step left foot to left side, step right foot together, step left foot to left side

7-8 Step right foot back and rock back, recover weight on left foot

RIGHT TRAVELING TOE STEPS, RIGHT SIDE SHUFFLE, ROCK & RECOVER

1-4 Touch right toes to right side, step right heel down, cross touch left toes over right, step left heel down

5&6 Step right foot to right side, step left foot together, step right foot to right side

7-8 Step left foot back and rock back, recover weight on right foot

LEFT TRAVELING TOE STEPS, LEFT SIDE SHUFFLE, ROCK & RECOVER

1-4 Touch left toes to left side, step left heel down, cross touch right toes over left, step right heel down

5&6 Step left foot to left side, step right foot together, step left foot to left side

7-8 Step right foot back and rock back, recover weight on left foot

VINE RIGHT WITH RIGHT & LEFT SCUFF, LEFT SIDE SHUFFLE, ROCK & RECOVER

1-4 Step right foot to right side, cross step left foot behind right, step right foot to right side turning right, scuff left foot forward

5&6 Step left foot to left side, step right foot together, step left foot to left side

7-8 Step right foot back, recover weight on left foot

VINE RIGHT WITH RIGHT & LEFT SCUFF, LEFT SIDE SHUFFLE, ROCK & RECOVER

1-4 Step right foot to right side, cross step left foot behind right, step right foot to right side turning right, scuff left foot forward

5&6 Step left foot to left side, step right foot together, step left foot to left side

7-8 Step right foot back, recover weight on left foot

REPEAT

Dance was originally choreographed for the Country Hams as a 1 wall dance. If you want to dance to 4 walls, change the turn right in the last count of 8 to a  $\frac{1}{4}$  turn right.. You will start the dance again facing the left side wall.