

# SAG, DRAG & FALL

32 Count, 4 Wall, Beginner

Choreographer: Frank Trace (USA) Feb 2009

Choreographed to: Sag, Drag & Fall by Sid King and The  
Five Strings; Wastin' Time With You by

Carlene Carte, CD: Little Love Letters(185 bpm)

Start dancing on lyrics

## DIAGONAL RIGHT STEP, SLIDE, STEP, SCUFF, DIAGONAL LEFT STEP, SLIDE, STEP, SCUFF

- 1-4 Step right diagonally forward, slide/step left together,  
step right diagonally forward, scuff left forward
- 5-8 Step left diagonally forward, slide/step right together,  
step left diagonally forward, scuff right forward

## STEP SCUFFS MAKING "ARC" PATTERN

- 1-8 Step right forward, scuff left, step left forward, scuff right,  
step right forward, scuff left, step left forward, scuff right (3:00)

As you do the step scuffs you are making  
pattern doing a  $\frac{3}{4}$  turn left ending at 3:00 wall

an "arc"

## TOE STRUT JAZZ BOX

- 1-4 Cross right toe over left, drop right heel, step left toe back, drop left heel
- 5-8 Step right toe to side, drop right heel, step left toe slightly forward, drop left heel

## FORWARD STEP, SLIDE, STEP, HOLD, STEP, $\frac{1}{2}$ PIVOT, STEP, HOLD

- 1-4 Step right forward, slide/step left together, step right forward, hold
- 5-8 Step left forward, turn  $\frac{1}{2}$  right (weight to right), step left forward, hold (9:00)