

# GO MAMA GO

Count: 64 Wall: 4 Level: Easy Intermediate

Choreographer: Kate Sala & Robbie McGowan Hickie (UK)

Music: "Let Your Momma Go" by Ann Tayler (162 bpm) CD... "Let Your Momma Go"

Intro: 32 Count intro from the Beginning

## **Side Step Right. Together. 1/4 Turn Right. Hold. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Hold.**

- 1 – 2 Step Right to Right side. Close Left beside Right.
- 3 – 4 Make 1/4 turn Right stepping forward on Right. Hold.
- 5 – 6 Step forward on Left. Pivot 1/2 turn Right.
- 7 – 8 Make 1/4 turn Right stepping Left to Left side. Hold. (Facing 12 o'clock)

## **Back Rock. Toe Strut Right. Back Rock. Toe Strut Left.**

- 1 – 4 Rock back on Right. Rock forward on Left. Step Right toe to Right side. Drop  
Right heel to floor.
- 5 – 8 Rock back on Left. Rock forward on Right. Step Left toe to Left side. Drop  
Left heel to floor.

## **Behind. Side. Cross. Hold. Side Rock. Recover 1/4 Turn Right. Step Forward. Hold.**

- 1 – 4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left. Hold.
- 5 – 6 Rock Left to Left side. Recover weight on Right making 1/4 turn Right.
- 7 – 8 Step forward on Left. Hold. (Facing 3 o'clock)

## **Diagonal Locks Step (Right & Left) with Scuff.**

- 1 – 2 Step Right Diagonally forward Right. Lock step Left behind Right.
- 3 – 4 Step Right Diagonally forward Right. Scuff Left forward and out to Left side.
- 5 – 6 Step Left Diagonally forward Left. Lock step Right behind Left.
- 7 – 8 Step Left Diagonally forward Left. Scuff Right forward and out to Right side.

## **Reverse Rumba Box.**

- 1 – 4 Step Right to Right side. Close Left beside Right. Step back on Right. Hold.
- 5 – 8 Step Left to Left side. Close Right beside Left. Step forward on Left. Hold.

## **Step. Pivot 1/2 Turn Left. Step Forward. Hold. Full Turn Right (Travelling Forward). Hold.**

- 1 – 4 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. Hold.
- 5 – 8 Travelling Forward... Make a Full turn Right stepping Left. Right. Left.  
Hold. (Facing 9 o'clock)  
Easier option: Counts 5 – 8 above ... Left Lock Step Forward with Hold.

## **Side Step Right. Toes Touches In-Out-In. Side Step Left. Toe Touches In-Out-In.**

- 1 – 2 Long step Right to Right side. Touch Left toe beside Right.
- 3 – 4 Touch Left toe out to Left side. Touch Left toe beside Right.
- 5 – 6 Long step Left to Left side. Touch Right toe beside Left.
- 7 – 8 Touch Right toe out to Right side. Touch Right toe beside Left.

## **Mambo 1/2 Turn Right. Stomp Forward. Hold for 3 Counts.**

- 1 – 4 Rock forward on Right. Rock back on Left.  
Make 1/2 turn Right stepping forward on Right. Hold.
- 5 – 8 Stomp forward on Left; spreading hands out to each side. Hold  
for 3 Counts. (Facing 3 o'clock) Start Again

# GO MAMA GO (CONTINUED)

Note: At the End of Wall 5 (Facing 3 o'clock) ... Dance the 1st Section of the dance Only (Counts 1 – 8)  
Then continue with a 12 Count Tag as follows:

**12 Count Tag: Behind. Hold. 1/4 Turn Left. Hold. Right Jazz Box Cross with Holds.**

1 – 4 Cross Right behind Left. Hold. Make 1/4 turn Left stepping forward on Left. Hold.

5 – 8 Cross step Right over Left. Hold. Step back on Left. Hold.

9–12 Step Right to Right side. Hold. Cross step Left over Right. Hold. (Facing 12 o'clock)  
Then Restart the dance again from the Beginning (Facing 12 o'clock)

Ending: The Music Ends during Wall 8 (Facing 3 o'clock) ... to finish Facing the Front Wall ... Dance up to Count 12 ... then Count 13: Rock back on Left. 14: Rock forward on Right. 15: Make 1/4 turn Left stepping forward on Left. 16: Hold and Pose!!!! ... It's MUCH Easier than it looks ... Trust Me!!!!